



SAMPLE ITINERARY

DAY 1

Welcome to Bali, Indonesia! Kick off your shoes and take in the island culture, we'll take care of the details from here.

Enjoy a welcome drink at the private check-in designed specifically for your group before joining the everyone at the Balinese-themed welcome dinner.

DAY 2

Throw on your swimwear and get ready for a photo-op you'll never forget! Start your Bali experience by having breakfast poolside or in our private villa pool (as you prefer). We'll take a tour of Ubud, and end the day with a sunset yoga flow.

DAY 3

Enjoy a restorative breakfast after a full nights rest. Our day is packed adventure starting with the famous Bali swing and ending with a short trek to a secret waterfall. The evening is designed for resting, gather around the pool as we deep dive into a self-care discussion.

DAY 4

Experience the essence of Balinese culture by starting your day as the Balinese do. We'll head to a local village and immerse ourselves in Balinese culture for a day. A trip to Bali wouldn't be complete without experiencing the sacred and holy traditions of the local people.

DAY 5

After 4 fun filled days, feel free to kick off your shoes and take some time for yourself after breakfast. Enjoy lying by the pool or take in the jungle vibes on a walk in nature. We'll head to the spa for full body massages and floral baths to really seal the deal on a tranquil day.

DAY 6

You know what they say: an idea, once written down, becomes a goal. Turning your brilliant ideas into achievable goals and making gratitude a daily practice will come easy after our in-depth writing workshop. Afterwards, get ready for an evening of good food, and good company.

DAY 7

You've carved out time to take care of yourself, and you've took that commitment to self-care to the next level. Make your last morning in Bali one you'll never forget by celebrating all the incredible experiences you've had on this magical island with all the people you've come to know and love!